

Mental Health Community Resources

Crisis Hotlines

Crisis Connection 24 Hour Help Line: Counseling, Support and Referrals for all needs

Twin Cities 612-379-6363 or 1-866-379-6363

Men's Line 612-379-6367 or 1-866-379-6367

Adult Mental Health Crisis Services for residents of Washington County:

Human Services, Inc. 24 Hour Mental Health Crisis Line 651-777-5222

Family Violence Network 651-770-0777

Rape/Sexual Abuse 651-777-1117

Suicide Prevention 612-347-2222

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

National Domestic Abuse Hotline 1-800-799-SAFE (7233)

Tubman Family Alliance: Emergency shelter services for women and children

24 Hour Help Line 651-770-0777 (East Metro) OR 612-825-0000