

Icebreakers

Airplane Game

Everyone puts their name on a piece of paper, makes a plane out of it and flies the plane into the middle of the group. Everyone finds a plane and then finds out all about the person who made it.

Two Truths and a Lie

Participants sit in a circle. As contestants go around the circle they introduce themselves as well as two true facts and one lie. The group then guesses which statement is false.

What's in a Name?

Each participant thinks about their name then describes to the group their full name, any nickname, and who they are named after. They should then tell what other name they would prefer if they could change it and why.

Life Slogan

Explain that many companies have slogans or "mottos" which reflect their values. Ask each participant to write (or borrow) a slogan to describe him or herself and share that with the other group members.

Deserted Island

Ask the group, "You've been exiled to a deserted island for a year. You are told you may take three things you want, apart from the essentials. What would you take and why?"

The Magic Wand

You have just found a magic wand that allows you to make any three changes you want. How would you change yourself, your job, or any other part of your life? Why would you make the changes?

Zoo Animals

Each person is given an animal, making sure that another person in the group has the same animal. The person then closes his or her eyes and makes the sound of that particular animal. The group members must find each other by listening for the same animal sound. Once the two members have met they should introduce themselves, find out about each other, and report their finding back to the larger group.

The Name Train

The first person introduces themselves to someone. The person they introduced themselves to gets behind them and they both hop to the next person while repeating the newcomer's name. When the "train" gets to the next person, introduce the first person, then the person behind, and then repeat the new person's name while hopping to the next person.

Write a Question

Each person in the group writes a question on a slip of paper. Place the pieces of paper in a hat and mix them up. Each person then draws a slip of paper and answers the question.

