

## What if I am still undecided?

If you are still undecided about what you want to major in, what career you want to have, or what you want to be when you grow up, here are a few ideas for you to consider. Perhaps you will need to try more than one.

- ❑ Review the CareerPlan in the GPS LifePlan; take a close look at the sections about assessing yourself and exploring career.
- ❑ Talk about your indecision with a counselor or other advising professional on your campus. These services are free and confidential.
- ❑ Interview family, friends, acquaintances, colleagues and/or community people to learn about their career journey and assess how it might relate to you.
- ❑ Look for an entry level part-time job or volunteer position in an organization related to a career path you think might be of interest to you. This experience could prove invaluable, even if you learn it does not suit you.
- ❑ Talk with professors with whom you feel a strong connection.
- ❑ Join a club or organization on campus.
- ❑ Attend job and career fairs offered on your campus and in your community.
- ❑ Consider taking a course or two that relates to some of your interests. Talk with your advisor or counselor to learn how it may fit into your overall academic plan.
- ❑ If there are still too many ideas on your list or none seem quite right, consider what the biggest barrier in your way is. Feel free to discuss this with people in your support network. Not all decisions in life need to be made in a planful manner, but usually it is a good idea with larger life decisions like career choice. Personality studies have shown that about 75% of us prefer logical decision-making. About 25% of us prefer an intuitive, creative approach. If you are an intuitive type, consider how you might put that strength to work for you regarding your career decision.

Remember – decision-making does involve hard work, some risk and some uncertainty. And there are very seldom ‘wrong decisions’. If you make your decisions with forethought and have assessed the potential risks, there are seldom any ‘wrong decisions’. Sometimes you change your mind later or may wish you had chose differently but each choice and events can provide valuable experience and learning. Look to those you trust for guidance and trust yourself.

